### **Veteran Moms With Kids**

Veteran moms returning from service to our country often must choose between giving up custody of their children to receive the support services she needs, or foregoing the support services many of them desperately need while making the transition back to civilian life.

Many homeless women Veterans are victims of military sexual trauma (MST). Without proper support, these women often self-medicate with alcohol or drugs to deal with PTSD, anxiety, depression and sleep disorders, leading to addiction.



In spite of these challenges, they forego treatment so that they will not be separated from their children. For many of these children, mom is the only caregiver they have ever known.

Imagine the challenge of being homeless with children after having faithfully served your country. It shouldn't happen to any Veteran, especially to a Veteran mom and her children.

## Veterans & Community Housing Coalition

Since 1983 Veterans & Community Housing Coalition (VCHC) has been providing housing and support services to homeless veterans and their families.

Foreverly House will be located adjacent to our existing facility for homeless female Veterans, Guardian House.



The veteran moms and their children will receive on-site counseling, assistance with the development of life skills as well as access and transportation to all of the services they need. Our ultimate goal is to keep these families together and give them an opportunity to live a happy and productive life in their community.



# Foreverly House

A home for homeless female Veterans and their children







Serving Veterans in Saratoga, Warren, Washington, Fulton, Montgomery, Schoharie and Schenectady Counties

www.vcheny.org

## What We Are Doing

A grassroots effort is underway to build Foreverly House, a two family home to provide stable, safe, supportive housing for homeless Veteran moms and their children. Sadly, there is no facility of this kind in New York.

Veterans and Community Housing Coalition (VCHC) is partnering with businesses, individuals as well as community groups and leaders, to make this dream a reality.



Integrity, service, courage, duty, honor, commitment, country and sacrifice are the words associated with veterans.

Caring for our Veterans is the duty of a grateful nation. Fostering a place for Veteran Moms, their daughters and sons to call home, is the duty of all Americans.

#### **HOW CAN YOU HELP?**

There is no VA or government funding for Foreverly House, so we must raise \$500,000. We need your help with a financial contribution, access to grants, or in kind contributions of labor, construction materials, or furnishings.

If you are a plumbing, electrical, framing, roofing, painting, flooring or HVAC contractor, or a supplier, we need your help. If your business can donate appliances, kitchen supplies or furniture, we would be much obliged.

EVERY DONATION, LARGE OR SMALL, WILL MAKE A BIG DIFFFERENCE IN THE LIVES OF A VETERAN MOM AND HER CHILDREN.



Please contact Cheryl Hage Perez to see how you can help. chp@vchcny.org

Contributions can be made to:

Foreverly House Veterans & Community Housing Coalition 20 Prospect Street Building 2 Suite 313 Ballston Spa NY 12020



Being homeless or at risk for homelessness is one of the most difficult things a person can face. Lacking the security of knowing where you will sleep at night, having no place to keep your belongings, and not having the ability to care for your person and family can lead to stress, anger, a sense of shame, depression, and physical discomfort.

Twenty Two Veterans commit suicide each day. The programs of Veterans & Community Housing Coalition provide a resource and a ray of hope for our Veterans in need.

